



## **Bill of Rights**

The Bill of Rights protects the civil rights of individuals living in a long-term care setting.

## The rights include, but are not limited to:

- The right to exercise your rights as a resident of the facility.
- The right to exercise your rights as a citizen or resident of the United States.
- The right to exercise your rights without discrimination, pressure or punishment from the facility.
- The right to be informed of rules and regulations about conduct and responsibilities.
- The right to be informed of costs and charges for services.
- The right to participate in discussions about care, treatment and access to your records.
- The right to be safely transferred or discharged to another room or from the facility. No transfer or discharge should be unsafe.
- The right to voice concerns and to have complaints resolved.
- The right to manage finances and receive full and complete accounting of funds.
- The right to have reasonable access to a phone and to make calls in private.
- The right to take medications on your own in certain conditions.
- The right to have notice of bed-hold and re-admission policies.
- The right to be free from restraints.
- The right to privacy of personal and medical records.
- The right not to be required to perform services.
- The right to talk with people and have friends.
- The right to participate in social, religious and community groups of your choice.
- The right to use personal clothing and keep personal possessions.

**Ombudsman Program Hotline: 1-888-282-1155**